

NO WALLS NEWSLETTER



No Walls Day Hab

The month of June brought warm weather, and we were able to get outside. While not every day was warm, we enjoyed it when we could. We were able to play ball in the park, and did some fishing at The Shores. To kick off the Fourth of July Weekend, we had a well-attended picnic. Afterwards we played bingo. We also had some indoor activities and outings as well on rainy days. We went bowling at Liberty Lanes in Spencer, and to the museum in Laurens. These were both fun and educational. During skills class this month we focused on heat safety. It's important for everyone to know what to do in order to stay safe and cool.



Kristin Elbert Day Hab
Coordinator can be contacted at
KristinElbert@horizons-unlimited.net 712-852-2211-118

HIGHLIGHTS OF JUNE ACTIVITIES



Melissa's Big Catch!



Fun at the museum!



Walking the dogs while volunteering at the shelter and cleaning up local parks and trails!

Bowling at Liberty Lanes in Spencer

On Thursdays and Fridays all summer long there is free bowling and shoe rental, so we were able to get out and show off our skills and even get a couple of strikes in. What a great way to spend a rainy day. We made some new friends and saw some old ones too.



Fishing at The Shores

This is not just a fish tale! I mentioned in last month's issue that we may catch a fish or two coming up in June and you probably wouldn't believe it, if there wasn't a picture to prove it. Melissa reeled in a big catfish while fishing at the Shores. He was a bigger catch than expected and broke the rod being reeled in but worth every second to see how proud she was. She couldn't wait to show the pictures to family and friends.

Holiday picnic kick off to the Fourth of July

Horizons members have been planning this picnic for a while and invited their friends from the community as well as peers and staff. They were able to bring some dishes of their own to share and picked what they wanted on the menu. Following the picnic in the park, we played bingo. Everyone had a great time getting together.

Dinner Date



Why we love volunteering:

With 39 hours of volunteering this month it has been a great way to get out there in the community and meet new people and build relationships. Horizons members enjoy getting out, going to the park, walking on the trails, getting fresh air and exercise. This past month they have spent time cleaning up the parks and trails, getting rid of the trash and sticks. We have also been in touch with the local schools to see if we can volunteer our services helping with the lunch program this summer. If you or anyone you know is in need of some great volunteers, members are here and always happy to assist wherever they can.

Field of Dreams

