

Community Life Engagement



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Highlights of January Activities



January is almost behind us and what a cold month it has been. We had a few days where CLE could not go out due to the bitter cold.

When we did there was a lot to keep us busy, safe and warm. Members spent time indoors at the Wellness Center getting some exercise, walking laps in the gym, playing basketball, using treadmills and swimming. Members also enjoyed getting out and joining community members at the Senior Center for dinner date, bingo, playing dice and socializing.

This winter has been terrible for the flu so members have been encouraged to stay home when they aren't feeling well. Practicing good hygiene has been a very important topic this season. Handwashing is a must! The flu has also been hard on the care centers where we volunteer. So as much as we miss everyone, health has to come first. When we did make it to PARC Hall we joined residents in a new activity and celebrated a member's birthday with a song and a card, much to her surprise!



CLE has also welcomed a new staff, Becky Jackson, and a new member. We have been working on some new communication and socializing skills this month. Which includes activities and games for getting to know community members, staff, friends, peers and each other better!

Horizons members and staff also surprised our Maintenance man Jessie Manwarren with a surprise party for Maintenance Appreciation Day. Members assisted staff with making food and snacks to say Thank you for all you do Jessie!

A new year means Horizons members have a lot to look forward to in the coming months. Warm weather being at the top of the list! Getting outside and enjoying all our community and surrounding communities have to offer and Horizons' members can't wait to share it all with you!

