

# Community Life Engagement



April  
SHOWERS  
BRING  
May  
FLOWERS

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April is a big month at Horizons we have Tablescapes coming at the end of the month. This is something Horizons members look forward to every year. They enjoy helping out with the event whether it is decorating tables or the big night. This is their night to dress up and go out. They get to enjoy making new friends and seeing old ones. They all had a big part last year in helping me decorate my table for Shelter Dogs. Everyone took home a placemat with an adoptable dog! April is also hopefully the beginning of warm weather. Horizons members were finally able to enjoy a nice day outside after the past couple of weeks' big snow storms.

I attended the Iowa Therapeutic Recreation Association annual conference in April. I learned a lot of new information about how to better serve our members and their individual needs. I was able to bring that information back with me to educate staff and members to some new techniques allowing members to live their best possible lives at home and in the community.

As I mentioned above the last couple weeks we have had a lot of snow and finally with a nice day, you can see in the pictures that Horizons members are ready for this. They got out today and enjoyed cleaning up the parks, getting some fresh air and exercise.

With May just around the corner. The members are volunteering their time to clean the graves this year for Veterans on Memorial Day. This a wonderful way to give back to all of those that have given so much. We are also looking for more volunteer opportunities as the weather gets warmer. If you have any ideas or need volunteer help of any kind, please get a hold of us at the email address and phone number above. We look forward to hearing from you.

## Highlights in April

